MOSSA® INSTRUCTOR AGREEMENT

"Ef	fective Date":		WIOK	SSA INSTRUC	IONAGI			
	ties:	(1)	The STEP Company and its M 2130 Newmarket Parkway, M	farietta, GA 30067 USA	("INSTRUCTO	R" or "you")		
Che	eck One Only:		® Group Fight™ Gı			Group Ride/R30®	Group Groove®	Group Active®
Gro	oup Core ®	_ Other		Complete a separate Instru	actor Agreement	for each program that y	you will be teaching.)	
1.	DVD's, trade se Group Centergy routines by givi defines the term	crets and other in Group Blast, Group Blast, Group notice to INS and conditions	has exclusive rights to, the trademar ntellectual property (collectively, the roup Ride/R30, Group Groove, and TRUCTOR. INSTRUCTOR woul of the legal relationship between M acknowledging that you have read at	"Intellectual Property") related Group Active (collectively the d like to conduct workouts to IOSSA and INSTRUCTOR re	to the programmed 'Marks''). MOSSA instruct others to pe garding the Exercis	I exercise routines conducted may amend this list of exercer form the exercise routine ce e Routine. This is a binding	to music known by the man cise routines from time to tir checked above (the "Exercise	ks Group Power, Group Fight, ne to add or subtract additional se Routine"). This Agreement
2.	a. <u>Train</u> of ski b. <u>Comp</u> Train INST	ing: Attend and ill, MOSSA will eletion Assessm ing. MOSSA v	ration for MOSSA training the INSI participate in training conducted I train INSTRUCTOR to teach wor ent Video: Submit a videotape o vill evaluate the tape and reasonab rrstands and agrees that employments.	by MOSSA in the Exercise Rokouts and individuals in the Effa workout taught by INSTF by determine INSTRUCTOR	outine. If INSTRUC xercise Routine. I RUCTOR and the S completion. Fa	CTOR completes the training NSTRUCTOR may not use designated administration failure to submit such tape we	ng and displays, in MOSSA the Exercise Routine with fee to MOSSA within 90 vill automatically result in	out completing this training. days of completion of Initial loss or denial of completion.
	d. Licen Facili	al, state, province sed Facilities: (ty" or "Licens	Standards: Conduct the Exercise cial and local laws and ordinances a Dnly conduct workouts or instructived Facilities"). INSTRUCTOR of a calling 800-729-7837.	and in accordance with policies on in the Exercise Routine at	s and guidelines es facilities currently	stablished by MOSSA from licensed by MOSSA for the	time to time. e Exercise Routine and in	good standing (the "Licensed
3.	termination, IN	STRUCTOR sl	t may be terminated by MOSSA o nall immediately cease and forever shall remain in force following ten	desist all use of the Exercise				
4.	Non-Infringement and Return of Intellectual Property. INSTRUCTOR acknowledges that (a) MOSSA has a valid and protectable interest in all of the Intellectual Property, including, without limitation, the Exercise Routine, including the choreography and the arrangement of music, which is copyright protected, the training courses, materials and manuals, which are copyright protected and trade secrets of MOSSA, and the Marks; and (b) MOSSA has agreed to provide INSTRUCTOR with limited access to and a license to use MOSSA's Intellectual Property only because INSTRUCTOR has agreed to comply with the terms of this Agreement. Therefore, INSTRUCTOR agrees not to (x) use, display, or reproduce any of MOSSA's Marks or variants thereof, or use any other trademarks or service marks in connection with the Exercise Routine, or create derivative works based on the Exercise Routine, without the prior written permission of MOSSA; (y) use, reproduce, distribute, or disclose to any party any or all of the training courses, materials, manuals, or other items or Intellectual Property provided by MOSSA to INSTRUCTOR constituting at trade secret of MOSSA as defined under applicable law; or (z) use, reproduce or perform the Exercise Routine other than during the term of, and in accordance with the provisions of, this Agreement. Upon termination of this Agreement for any reason, INSTRUCTOR shall immediately cease all use of the Intellectual Property and return to MOSSA any and all documents or other items containing any confidential or trade secret information of MOSSA, including, without limitation, all manuals, tapes, CD's, DVD's, choreography notes and training materials.							
5.	Exclusivity. INSTRUCTOR acknowledges and agrees: (a) that MOSSA is investing significant time, energy and money in training INSTRUCTOR in the Exercise Routine; (b) that it is critical for the safety, health and satisfaction of participants that the Exercise Routine only be taught in Licensed Facilities by instructors who have completed their Assessment Video in compliance with the MOSSA policies and guidelines; and (c) that MOSSA would be significantly damaged if the Exercise Routine were taught outside of Licensed Facilities, or by instructors without current completion, or not in compliance with the MOSSA policies and guidelines							
6.	Damages and Relief for Breach. INSTRUCTOR acknowledges that MOSSA'S rights set out in Sections 2(d), 4 and 5 are special, unique and of extraordinary character and that, in the event that INSTRUCTOR violates this Agreement, MOSSA will be without adequate remedy at law. INSTRUCTOR agrees, therefore, that in the event he or she violates the terms of Sections 2(d), 4 or 5, MOSSA may, in addition to any remedies at law for damages or other relief, recover from INSTRUCTOR all costs of enforcement of these provisions, including, but not limited to, court costs and reasonable attorney's fees. In addition, to the extent INSTRUCTOR teaches the Exercise Routine in violation of Section 2(d) of this Agreement, INSTRUCTOR hall pay to MOSSA as liquidated damages, and not as a penalty, the sum of US\$300.00 (per Exercise Routine) representing the license fee of a facility, multiplied by the number of months INSTRUCTOR has breached the Agreement, multiplied (if applicable) by the number of facilities in which INSTRUCTOR has provided services breaching the Agreement. INSTRUCTOR acknowledges and agrees that the actual losses to be suffered by MOSSA in the event of violation of Section 2(d) will be difficult to ascertain, and that these reasonable liquidated damages have been arrived at after a good faith effort to estimate such losses.							
7.	agent, partner,	oint venturer o	carrying out the obligations and do r employee of MOSSA. Neither pa which is contrary to the provisions	arty shall have the right to bin				
8.	venue for any d	ispute shall be o	nent shall be construed, controlled an only in the District Court for the Nort or venue defenses otherwise available	hern District of Georgia, Atlan				
9.	Miscellaneous. MOSSA may freely assign this Agreement. INSTRUCTOR may not assign this Agreement. All provisions in this Agreement are severable, and the unenforceability or invalidity of any provision shall not affect the validity or enforceability of the remaining provisions. The waiver by either party of a default of any provision of this Agreement by the other party shall not operate as a waiver of any subsequent default of the same or any different provision by such party. This Agreement contains the complete agreement between the parties regarding the Exercise Routine and supersedes all other similar agreements or understandings between the parties regarding the Exercise Routine. All notices required under this Agreement shall be made, if to MOSSA, to the address set forth above and, if to INSTRUCTOR, to the address set forth in Schedule A, and shall be deemed received 3 days after deposit in the U.S. Mail or Canadian Mail or 1 day after deposit if sent via overnight mail. This Agreement may be amended only by writing executed by both parties. The Exercise Routines are physically demanding. Therefore, it is important that you are in very good physical shape. It is required that you participate in all aspects of the training for the entire time. If you have any medical conditions, including, but not limited to, heart problems, asthma or if you are pregnant, you must check with your doctor before participating in the training to confirm your ability to participate in and complete the training. Both parties represent that they have carefully read and considered and fully understand the provisions contained in this Agreement. Both parties hereto agree that they expressly require that the Agreement to be entered into between them, together with all related documents, all be drawn up, executed and distributed in the English language only. Les Parties aux presentes conviennent expressement que le Contrat qu'ils concluront entre eux, ainsi que tous les documents connexes ou qui s'y rattachment, soient entierement							
M	MOSSA Divisio	n and THE ST	TEP COMPANY	"INSTRUCTOR"				
			(m) About					
Α	uthorized Signa	ature:			Authorized S	ignature:		
P	rinted Name:		Richard P. Boggs, CEO		Printed Name	e:		

SCHEDULE A INSTRUCTOR INFORMATION PLEASE PRINT

Mr. Ms. (Circle One)						
First Name: Middle In	itial: Last Name:					
Address: City: St	tate: Zip:					
Email Address: Home Phone: Work P	thone:					
Cell/Pager: Fax:						
Gender: Male: Female: Date of F	Sirth:/					
Training Day One Date:/ Training Day Two Date:	// Training Day Three Date://					
I will be teaching the MOSSA Exercise Routine checked above at the following	ng location(s):					
Primary Facility Name:	Facility Coordinator:					
Primary Facility Address:	Facility Phone #:					
Primary Facility City, State and Zip:						
Secondary Facility Name:	Facility Coordinator:					
Secondary Facility Address:	Facility Phone #:					
Secondary Facility City. State and Zip:						

MOSSA[®] INSTRUCTOR AGREEMENT SCHEDULE B

- 1. You are required to complete the allotted days and hours of the training, participating in all aspects of the training, including the Program Challenge. If you have medical conditions, including, but not limited to, heart problems, asthma or if you are pregnant, you must check with your doctor before participating in the training to confirm your ability to participate in and complete the training.
- 2. Personal conflicts should be addressed with your Group Fitness Director prior to the training.
- 3. YOU MUST BE ON TIME! If you arrive after the training begins, you will not be permitted into the training. No exceptions.
- 4. Failure to return on days 1, 2, or 3 of the training will result in a "No Show" and you will be required to repeat the training. However, you will only be responsible for the cost of new materials.
- 5. All refund requests must be emailed to training@mossa.net by 5 p.m. EST ten (10) business days prior to the first day of the training. Your fee will be refunded less a \$50 administration fee. If you are a "No Show" for the first day of training you are not eligible for a refund.
- 6. You recognize that the MOSSA Fitness Workout is a strenuous workout, which is only appropriate for persons in good physical and mental health. You represent and warrant that you are healthy, under no physical or mental disability, and able to participate in the MOSSA Fitness Workout. You forever waive, release and forever discharge THE STEP COMPANY d/b/a MOSSA and its employees, directors, agents, assigns, (collectively, "STEP") from all manner of actions, causes of action, third-party actions, suits, claims, counterclaims, debts, accounts, covenants, agreements, promises, damages, and demands whatsoever that now exist or may hereafter accrue, known or unknown, in law or in equity which arise out of, allegedly arise out of, are based on or connected with, directly or indirectly, your participation in the MOSSA Fitness Workout

This only applies to those instructors who have registered individually with MOSSA.

A. Please bring the following to the training:

Required Items

- 1. Instructor Agreement (Schedule A), as well as any other confirmation documents.
- 2. Bring a music player (excludes Group Core).
- 3. Proper clothing and supportive shoes (excludes Group Centergy).

Optional Items

- 1. Towel (1 or more).
- 2. Change of clothes (dress in layers, as the temperature will vary).
- 3. Snacks and beverages.
- 4. DVD player if you are away from home and want to view the release at night.
- B. Group Blast participants are required to use one block under each side.
- C. Please plan on keeping your evenings free between days of the training. There will be homework!

I have read the above requirements and agree to comply.

Signature:	
Print Name:	
Date:	